

Touching Hearts, Rebuilding Lives

Raphah Ministries is a non-denominational Christian healing and discipleship ministry with a vision to touch hurting and wounded believers with the Father-Heart of God, and to rebuild such broken lives with healing and restoration to wholeness through the Word of God, biblical counsel and Spirit-enabled prayer.

What We Believe

God is a Trinity;
God the Father loves all people;
God the Son, Jesus Christ, is Saviour, Lord, Healer and King;
God the Holy Spirit indwells Christians and imparts the dynamic power by which they are enabled to continue Christ's ministry; and
The Bible is the divinely inspired Word of God and the final authority in matters of faith, doctrine, conduct and the basis for instruction in godly living.

Our Key Emphases

Evangelism
Healing
Discipleship
Training



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Taking His Healing to the Nations Revelation 22:2

Madam S, an octogenarian, was rushed to the local hospital after falling badly at home. She was in shock as she arrived at the Accident and Emergency ward; her eyes were rolling back into their sockets and her breathing erratic and shallow.

There were no broken bones or fractures, and no visible physical injuries to her body, except for some bruises and scraped skin where she had fallen. But in the time between when she was admitted to the time when she was attended to by a physician—which was about 30 minutes later—her blood pressure had plunged by 50 percent.

Suspecting internal injuries, he ordered an X-ray which confirmed what he had suspected. Madam S had ruptured her spleen in the fall and she was literally bleeding to death. She was rushed immediately into surgery and the ruptured spleen removed to stem the internal bleeding.

Today, Madam S is back at home, recuperating; weakened from the hospitalization and surgery, but ALIVE!

In a similar way, many in the body of Christ today appear alright on the outside, with little or no sign of injury or distress. But inwardly, in the inner person, they are literally bleeding to death from hurts and emotional wounds suffered in the course of growing up: rejection, abandonment, abuse, neglect, insecurity, being embarrassed, shamed, scared, manipulated, controlled, and the like.

Unless these hurts and emotional wounds are bound up, the bleeding stemmed, such believers will continue to experience the pains again and again.

The events that caused these wounds may be way back in their personal histories—even gone

from their conscious memories—but when the hurts and wounds continue unhealed, they fester, impact, influence, and disrupt the lives with further emotional pain and suffering, sometimes physical discomfort and illness. Unresolved issues from our childhood and growing up years have the unwelcome ability of surfacing in later life as healing crises!

Whatever we may call it—"inner healing", "healing of memories", or "soul-healing"—the healing of hurts and emotional wounds from past events is a critical healing ministry that is becoming more and more urgent by the day.

The healing of individuals—and concurrently the healing of nations—is very much at the heart and will of God. Revelation 22 speaks of a pure river of water of life that flows from the throne of God, and the tree of life that stands nourished and nurtured by it—whose leaves, the Word of God tells us, is for the healing of the nations!

Before the nations can be healed, the individuals that make up the nation first need to be healed. The good news of the Gospel is only as good as the messenger who proclaims it. For this reason, a church of broken and hurting individuals is not going to be a very convincing or persuasive witness to God in the community or in the nation.

Like Madam S, the bleeding from inner hurts, pains, wounds and sufferings must be stemmed for wholeness and life to succeed.

God desires His healing to be taken to the nations, and this mission of wholeness—touching hearts and rebuilding lives—Raphah Ministries has committed faithfully to do with the anointing and empowering of God, and the support and partnership of many, especially the local church! ☪

An Indispensable Prerequisite

“The focus of my ministry, both as a pastor and a seminary professor, has been the interrelated ministries of discipling and Christian counselling. I have been a discipler and a counsellor of countless individuals. I have also taught discipleship and pastoral counselling at the seminary level and in churches and leadership conferences across the country. Much of my interaction with people has been to expose the insidious reality of Satan’s relentless assault of deception on the Christian’s mind. He knows that if he can keep you from understanding who you are in Christ, he can keep you from experiencing the maturity and freedom which is your inheritance as a child of God.

I am intrigued by the overlap of the ministries of discipling and counselling. Christian discipleship focuses on truth and tends to be future-oriented, provoking spiritual growth and maturity. Christian counselling considers the past to correct problems and address areas of weakness. Your past has shaped your present belief system and will determine your future unless it is dealt with. Biblically, discipleship and counselling are not separate ministries. Both are intensely personal ministries which are necessary to apply the truth to set people free from their past and establish them complete in Christ.

Furthermore, it is my conviction that discipleship and counselling must both start where the Bible starts: with a knowledge of God and our identity in Christ. If we really knew God, our behaviour would change radically and instantly. That’s what happened in Scripture. Whenever heaven opened to reveal the glory of God, individual witnesses were immediately and profoundly changed. I believe that the greatest determinant of mental and spiritual health and freedom is a true understanding of God and a right relationship with Him. A good theology is an indispensable prerequisite to a good psychology.”

Neil Anderson

Freedom in Christ Ministries



Act of Commitment and Anointing at Team Retreat 2010

Delivered from Fear and Rejection

by Suzana*

Abused and rejected, a young lady finds hope and deliverance in God.

I come from a dysfunctional family. I was abused from my childhood to young adulthood. Although I was successful academically, I wasn’t happy as I always felt something was missing in my life.

I began going to church when I was seven and was baptised at the age of 16. However, I saw God as a difficult-to-satisfy male figure rather than a loving father. I found it difficult to relate to God. I wondered whether He was completely good, whether He really loved me and whether He even liked me. I blamed God for many things in my life. Why was I born? Why into my family? Why was I abused? I felt shortchanged in life.

Growing up, I was confused about Jesus. I could not accept the “human” part of Jesus. I was afraid of Him. What if He abused me, as my earthly father did? When people talked about how close they were to Jesus and how gentle He was, I felt otherwise. How could I not be when I had already been cheated of my purity as a girl and young woman?

I had a nervous breakdown in my second-year student at medical school, and had to take medica-

tion. I didn’t want to live. I had contemplated suicide from as early as 6 years old. When I couldn’t cope with studies and the raging negative emotions within me, I contemplated suicide again and again.

Throughout my childhood, youth and young adulthood, the dominant issues were rejection, anxiety, fear, anger and depression. Fear of rejection was the chief concern. As a house officer in a big hospital, I was so fearful of making mistakes and incurring the disapproval of my colleagues and superiors that I had recurrent panic attacks, especially when I had to work alone for hours.

I also had a generalised anxiety disorder: worried and worked up over every little thing, difficulty falling and staying asleep. When I had relapses, I couldn’t function at all. All I did was cry uncontrollably (even in hospital); I even harboured suicidal thoughts. Work became such a chore that I wanted to quit because I felt so incom-

petent. I almost lost all my self-confidence.

Three years of counselling while in medical school only helped me discover where my destructive emotions were coming from and how to cope with them. But I certainly wasn’t living the abundant and meaningful life that Jesus talked about in the Bible (John 10:10).

In August 2008 I went to Raphah Ministries—very much an emotional wreck by then. Through their seminars, I learned to apply important spiritual truths; after all, it is the Truth which sets people free (John 8:32). And Jesus is the Way, the Truth and the Life (John 14:6). Over 12 months I received prayer and counselling. The journey was difficult and, at times, very discouraging. When painful memories resurfaced and I relived my past, I wailed like a baby. But I am grateful to God that, through it all, I experienced deep inner healing and deliverance. *(continued on page 4)*

“Peace to you! As the Father has sent Me, I also send you. ... Receive the Holy Spirit.”

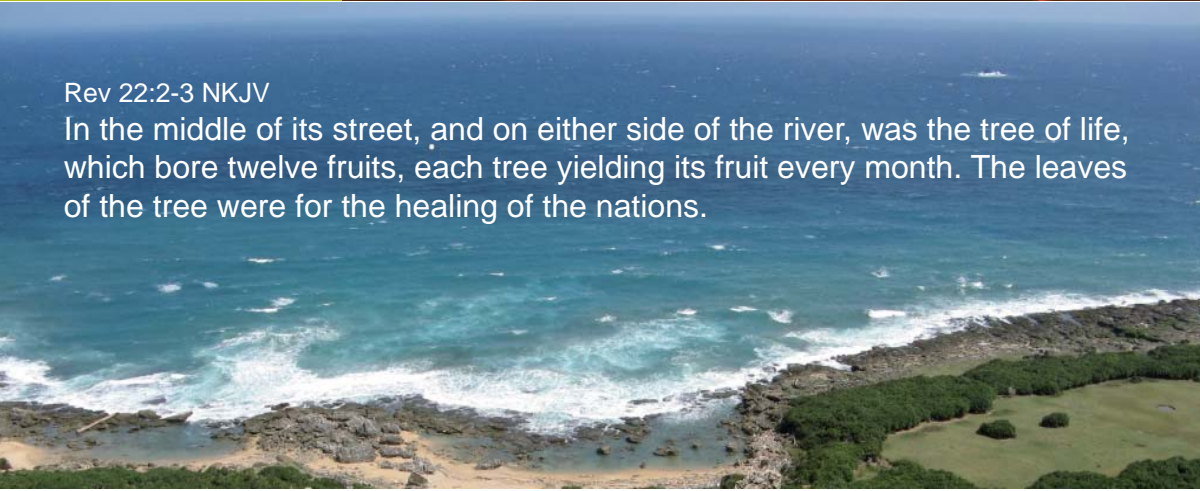
John 20:21-22 NKJV



Class of 6-Day School - March 2010 (17th Edition)

Rev 22:2-3 NKJV

In the middle of its street, and on either side of the river, was the tree of life, which bore twelve fruits, each tree yielding its fruit every month. The leaves of the tree were for the healing of the nations.



Team Retreat 2010

Ever since the inaugural event in 2007, the Raphah Ministries Annual Team Retreat has been a much anticipated highlight in each year's calendar of events. Team Retreat 2010 certainly did not disappoint!

Congregating from 21-23 March 2010 at Harvest Haven, Gopeng, for the second year running, the two dozen odd souls made up for the smaller numbers this year with their zest for all things spiritual: enthusiastic worship, high energy, volume, creativity, and not forgetting, an insatiable appetite—that took some team members to Tanjung Tuallang to savour some of its renowned seafood offerings!

The fact that everyone was gathered under one roof, and everything took place under the same one roof—, eating, fellowship, worship, teaching and sleeping—helped to gel the team members into one big, happy, fun-loving spiritual house.

Team Retreat 2010 heard insightful teaching on the deeper issues of Prayer and Worship in discipleship and in ministry, courtesy of sessions by Dr. Florence Wang and Pastor Peter Wong, respectively, while Pastors Vincent and JayZee walked team members through a possible scenario in the next phase of the work; a vision that will see the raising of a permanent centre for residential training and internship of workers from the local church.

As the Retreat drew to a close after 72 hours, the team members took turns—beginning with the team leaders—to anoint one another in commitment to God, in submission to and in solidarity with one another.

Even as the team members made ready to depart Harvest Haven, conversations and thoughts began to turn to Team Retreat 2011! 🙏

Equipping in Prayer Counselling

Much attention and investment continue to be devoted to the hosting of Raphah Ministries' Flagship Training Schools in both PJ and Ipoh Centres.

The training of or Lai Moo Him who served as the Master of Ceremonies, and heartiest congratulations to Raphah Centre Ipoh and its leadership team for wonderful memories of the event! 🙏



Top: High-powered 'consultation' with key minds during Team Retreat.
Bottom: Celebrating in worship through joyful praise and dance.



GOD'S TRUTH Keys to Lasting Healing

1. *Salvation in Jesus*
2. *Lordship of Jesus in All Areas of Life*
3. *Confession, Repentance & Renunciation of Personal Sins & Sins of Family*
4. *Accepting & Loving*
 - i. *God*
 - ii. *Others*
 - iii. *Self*
5. *Forgiveness*
 - i. *Of Others*
 - ii. *Of Self*
6. *Breaking Curses, Pronouncements & Inner Vows*
7. *Breaking Ungodly Emotional, Spiritual & Sexual Soul-Ties*
8. *Healing of Deep Wounds of Trauma in Inner Person*
9. *Deliverance Ministry*
10. *Commitment to Holy Living & Healing*

LEADERSHIP TEAMS PJ Centre

Rev. Vincent Lau
Pastor JayZee Cheah
Pastor Irene Lee
Dr. Florence Wang
Linda Tang
Kathryn Tan
Mae Lee

Ipoh Centre

Mary Goh
Khoo Siow Chooi
Thoo Oi Lan
Cheah Chim Wah
Jennifer Cheah
Michelle Neoh

TRAINING AND MINISTRY CENTRES

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Seminar & Course Information

Seminars are usually 1-full day from 9.00 am to 5.00 pm unless stated otherwise.

Participation on seminars or courses is by registration, accompanied by payment of a registration fee.

Closing date for registration is usually the Wednesday before the seminar, unless stated otherwise.

A late fee is charged for registrations received after the closing date for registrations.

Detailed information about seminars and courses can be obtained from Raphah Ministries' website or from the respective Centre offices.

(continued from page 2)

I was taught to confront my own sins and failures; asking God for forgiveness and help to overcome my weaknesses.

The most difficult choice was to forgive—to give up the right to seek justice through my own means. The struggle to forgive my parents, ripped my soul apart, but it was most liberating when I was able to do so. Through God's grace, I was able to go home one day and tell my parents that I forgave them.

Though negative emotions still make a comeback, I have learned new ways of handling them. Whenever I feel again the pain and anger of the past abuse, I consciously release them again and again to God. I have learned not to harbour or suppress them lest they cause havoc, even severe physical symptoms. Instead I choose to forgive those who have wronged me, God helping me.

Through Raphah Ministries, I was also delivered from suicidal tendencies and fear. Praise Jesus, today, I am able to work calmly and without fear. I even consult

Him on patients' diagnoses and management during emergencies.

I am free today because Jesus has set me free. I am free to relate to God and to people. I am free to live the life God has planned for me from eternity (Jeremiah 1:5). I am now convinced that God is good, that there is no evil in Him, and that Jesus is good—He will never harm me. He is now the focus of my praise and worship.

I am now more relaxed when interacting with people. Whenever I sense that people might reject me, I'm reminded that God never rejects me. He is the source of my security.

I thank God for all the people He sent to help me, especially the Raphah ministry team. Most of all, I thank and praise God, my Father; Jesus, my Friend; and the Holy Spirit, my Counsellor and Comforter. 🙏

(*Name has been changed to protect identity.)

The above article was first published in Asian Beacon, February 2010 issue. Used with permission.

2010 Ministry Calendar

PJ CENTRE

July

- 03 Sat **Healing from Accident and Trauma Seminar**
- 11 Sun Leadership Meeting
- 12 Mon Healing Service #83
- 17 Sat Ministry Team Day #12 Bondage Seminar
- 24 Sat **A Comprehensive Approach to Cancer Seminar**
- 26 Mon Prayer Support Meeting #82

August

- 07 Sat **Making Sense of Your Emotions Seminar**
- 09 Mon Healing Service #84
- 14 Sat **The Father-Heart of God Seminar (Chinese)**
- 15 Sun Leadership Meeting

- 16-21 Mon-Sat **"Understanding Christian Healing: The Issues" Training Course (pt. 1) #18**

- 28 Sat **Freedom from Addiction Seminar**
- 30 Mon Prayer Support Meeting #83

September

- 04 Sat **Forgiveness: A Step to Peace Seminar (Chinese)**
- 12 Sun Leadership Meeting
- 13 Mon Healing Service #85

- 25 Sat **Understanding the Dilemma of Homosexuality Seminar**

- 27 Mon Prayer Support Meeting #84

October

- 02 Sat Ministry Team Day #13
- 09 Sat **Reclaiming the Ground Seminar**
- 10 Sun Leadership Meeting
- 11 Mon Healing Service #86
- 13-16 Wed-Sat **Prayer Counselling Ministry Skills Training Course (pt. 2) #18**
- 23 Sat **Defeating Anxieties, Fears and Phobias Seminar**
- 25 Mon Prayer Support Meeting #85
- 31-01 Nov Sun-Tue Directors' Annual Planning Retreat

November

- 05-06 Fri-Sat (2-day) **Unmasking Deception and Rightly Handling the Truth Seminar**
- 08 Mon Healing Service #87
- 14 Sun Leadership Meeting
- 20 Sat **What is Christian Healing? Seminar (Chinese)**
- 27 Sat **Embracing Your Identity and Destiny Seminar**
- 29 Mon Prayer Support Meeting #86

December

- 04 Sat 8th Celebration of Thanksgiving Evening
- 12 Sun Leadership Meeting

IPOH CENTRE

July

- 10 Sat Handling Grief and Bereavement Seminar
- 26 Mon Prayer Support

August

- 14 Sat Breaking the Occult Bondage Seminar
- 30 Mon Prayer Support

September

- 08-11 Wed-Sat Prayer Counselling Ministry Skills Training Course (pt. 2) #2
- 27 Mon Prayer Support

October

- 09 Sat Understanding and Overcoming Depression Seminar
- 25 Mon Prayer Support

November

- 13 Sat Healing Through Deliverance Seminar
- 29 Mon Prayer Support

December

- 11 Sat 2nd Celebration of Thanksgiving

Please note that the dates and titles of seminars and courses may be changed as situations warrant. Please refer to the respective Centres for up to date information.