

news Raphah

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Understanding My Past Healed Me

“God taught me that when I allow Him to heal that part of me that is hurting, wounded, He will heal me.”

“After attending the Healing Retreat, I now know why I need to understand my past. I now know why I need to understand my parents, especially my mother: to understand the many things that she had gone through in life, because my heart was starting to harden towards her.

Here God taught me that when I allow Him to heal that part of me that is hurting, wounded, He will heal me.

Understanding my mother's past: why she is the person that she is, and how that has shaped the way that I am behaving today, is healing me.

I am learning again how to face people: to understand them, to deal with them; knowing now that however difficult their reactions or behaviour, there must be underlying reasons for their choice of response, reasons that they are processing in their inner lives.

This is the beginning of a new “moulding” work of God in my life. And I wish that I could have had my mother with me in this Retreat, but I know the perfect time will come.

God has His special time for healing us, and I am so thankful to Him for bringing me here to this Healing Retreat.”

Called and Chosen to Heal and Rebuild

Raphah Ministries first opened its doors to believers fifteen years ago; a long time by any measure. Along the way, the ministry underwent several changes: change of name, change of leadership, change of location; to name just a few.

For all involved in the work, these fifteen years have been a meaningful and fulfilling time, with much to celebrate and give thanks to God for. But it would not have been possible, if not for one vital factor: God's CALLING and EMPOWERMENT.

“You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain.” (John 15:16 NKJV)

God chose and set apart a diverse group of ordinary individuals to found an extraordinary ministry. He then gave them a challenging mission: to *heal the broken-hearted* and to *rebuild the ruined lives* of His people; ruined through the desolations and woundings of generations past and present.

Looking back, it has not always been an easy task or pleasant experience ministering to the broken-hearted, the rejected, the abused, the tormented, the spiritually bound.

>> CONT. ON PAGE TWO

“ And they shall rebuild the old ruins, they shall raise up the former desolations. And they shall repair the ruined cities, the desolations of many generations. (Isaiah 61:4 NKJV) ”

Having given in to a “victim” mindset—often a consequence of deep wounding—many of those in need were often full of themselves: wanting healing and relief for their situations, but at the same time not keen, eager, willing or ready to make the necessary lifestyle changes or godly choices that would bring them to their healing.

This made the task of ministering healing and restoration to wholeness in Christ all the more difficult and long drawn.

Disappointments, frustrations, exasperations, struggles, and the like, were common in the prayer counselling environment; often testing the patience and stretching the perseverance of the well-intentioned ministry volunteers.

It is not because of human might, power, skill or intelligence that Raphah Ministries is what it is today: it is entirely and completely a work of His Spirit!

The volunteers in Raphah Ministries are but the human vessels by which He, our Yahweh Raphah, is working out His will in the healing of nations and generations.

Raphah Ministries is indeed honoured to be called “priests of the LORD” and “servants of our God,” for that is the role the ministry serves when it comes alongside those in need of healing, rebuilding and restoration.

While thankful and grateful for the journey of the past fifteen years, Raphah Ministries also believes that the journey to



But thanks be to God, despite the challenges—and many difficult counsel-ees—God worked patiently and graciously by His mighty hand to train, build and strengthen the ministry through its long journey!

The fruit of the ministry we see today: the broken-hearts healed, the dysfunctional lives rebuilt, the hopes restored, the testimonies redeemed; these have come at the price of obedience, commitment and faithfulness exemplified by so many associates over the course of the years.

“You shall be named the priests of the LORD, they shall call you the servants of our God.” (Isaiah 61:6 NKJV)

come is going to be even more engaging, more exciting, more fruitful and rewarding, and where we will see an acceleration of His power, authority and glory made manifest!

But we could not have done it alone: God provided faithful friends and supporters who identified with the vision and stood with it in prayer and giving, to ensure that the healing and rebuilding of lives did not stumble for lack of provision. Our grateful thanks.

Finally, may our God, having called and chosen us to a noble task and ministry, when He comes, find us—friend or volunteer—at Raphah Ministries, faithful at work healing hearts and rebuilding lives.

To Him be the glory always! 🍎



In This Issue

Celebrating 15 Years of Healing Hearts and Rebuilding Lives

- 1 **CALLED AND CHOSEN TO HEAL & REBUILD**
The inspiration that birthed a ministry and sustained it through time.
- 3 **SCHOOL OF PRAYER COUNSELLING**
The flagship Raphah School that is changing lives and transforming destinies.
- 4 **AWAKENING THE WARRIOR WITHIN**
Annual Raphah event blessed by large contingent of visitors from the Philippines.
- 5 **MISSIONS PHILIPPINES**
Partnering Raphah Philippines to cause a fountain of healing to flow to the islands of the nation.
- 7 **POISONED BY HATE**
A pastor’s testimony of healing from deep rooted bitterness, hatred and desire for revenge.





The 2017 edition of Raphah’s flagship Modular School—hosted by PJ Centre—saw record numbers of participants attending, including 2 from Cambodia and another 2 from the Philippines. *Module 1: Understanding the Issues & Roots*—from 26-30 June—had 45 participants attending the full 5-days of the School, while *Module 2: Prayer Counselling Principles, Skills and Tools*—from 29 August to 2 September—had 25 participants returning to complete the 2-part School.

The 2 Modules of the School presented participants with a practical, effective, wholistic and transferrable model of prayer counselling—based on Jesus’ ministry—where they learned biblical principles, skills and tools to understand, diagnose and pray healing into the personal and spiritual issues commonly faced by believers.

School of Prayer Counselling & Healing Ministry

More importantly, participants were challenged to develop a personal discipleship lifestyle that incorporated healing to their families, local churches and communities.

In testimony, participants had this to share of their learning experience:

- *“The School gave me many insights into my own brokenness and how wonderful God’s love, compassion and patience are.”*
- *“It has reinforced within me the deep desire to be God’s channel through whom others may receive divine healing, love and forgiveness and go on to live lives of wholeness and holiness.”*
- *“The teaching provided understanding and solutions to areas/issues I had been struggling with. The strategies for dealing with the psychological and spiritual struggles gave me hope for freedom and wholeness in spite of having been under psychiatric treatment for 23 years.”*
- *“I rediscovered my identity, purpose and destiny which somehow had become sub-merged in the process of growing up”* 🍷

Life Changing Seminars

Monthly seminars continue to be the staple activity of both Centres, with events held in close succession to each other.

The seminars conducted in 2017 addressed a range of spiritual, psychological, emotional, and relational topics identified with the major areas of problem and issue of believers.

Seminars held in 2017 included:

- *Reclaiming Families & Generations*
- *Freedom from Addiction*
- *Healing the Troubled Mind*
- *Rightly Handling Loss & Grief*
- *Reclaiming the Ground*
- *Healing the Trauma of Childhood Abuse*
- *Understanding & Overcoming Rejection.*
- *Out of the Blackhole of Depression*

Attendance averaged about 30 persons per seminar, for which we give thanks, because it has never been about the numbers, but always about individual lives being healed and changed for the better by the Word of God. 🍷



Awakening the Warrior Within

A highlight for Ipoh Centre this year was the successful organizing and hosting of the Raphah Annual Retreat at the Tower Regency Hotel, Ipoh, on behalf of both PJ and Ipoh Centres.

The event was made all the more special by the presence of 13 visitors from the Philippines, representing the core team and associates of Raphah Life Rebuilders Philippines.

Led by Pastor REY Del ROSARIO and his spouse, JUVY—who had both twice before attended Raphah’s Leadership Retreat and Planning—the Filipino contingent brought with them a welcome

freshness and sense of family, given our common mandate and mission of healing hearts and rebuilding lives.

The Retreat kicked off with a powerful evening of celebration and worship that bathed the meeting hall with glory praise and adoration to God; sanctifying the venue and preparing the ground for the Retreat sessions to follow.

Retreat speaker, the Rev. CLEMENT WONG, senior pastor of Church of Praise, Ipoh, spoke to a rapt and ready audience on the theme “*Awakening the Warrior Within*” as he shared—often humorously—from his rich experiences as a seasoned pastor in the local church.

When time came for our Filipino visitors to depart for Kuala Lumpur—on the second leg of their Malaysian visit—they took along with them not only fond memories of the people, sights, smells and tastes of Ipoh but also quantities of



famous Ipoh white coffee, kacang putih, biscuits and other famous Ipoh delicacies!

On behalf of Raphah Ministries, grateful thanks to the Ipoh Centre team for an assignment well accomplished! 🍷



Council-Management Teams Retreat & Planning

This was held from 17-20 September in Kampar, and attended by all Raphah leaders, their spouses, and specially invited Raphah associates.

Over 3 mornings, the leaders took time to review Raphah’s journey over its first 15 years, and also what it would take for the ministry to stay relevant, competent, and prophetic going forward.

Pastor JAYZEE shared insights from John Sung’s spiritual life which were key

to the lasting fruitfulness of his ministry, some of which remain till this day.

Pastor VINCENT followed by reminding the leaders of the honour showered upon them by God when He called and chose them to share in His work of “healing and rebuilding lives.”

Pastor IRENE rounded up the plenary sessions by speaking into the critical qualities needed for successful ministry leadership.

The leaders also spent considerable time in the evenings to talk “heart-2-heart” with one another in their respective Management Teams.

Moderated by Council members, these “heart-2-heart” chat sessions encouraged leaders to voice personal issues and concerns that could threaten relationships and hinder effectiveness in team ministry.

As a conclusion to the Retreat, the leaders rededicated themselves to the work, and then broke bread together in Holy Communion. 🍷



Missions Philippines

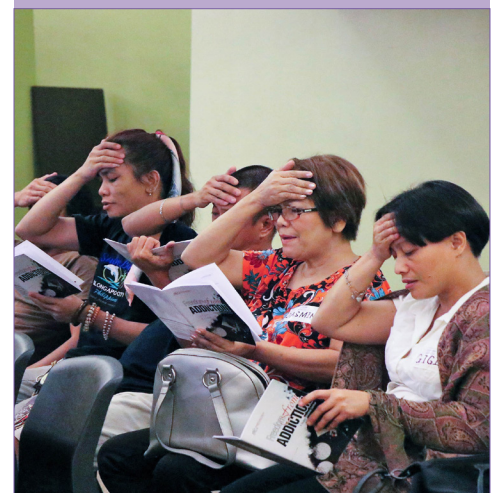
Over the course of the year, Raphah teams undertook 3 teaching missions to different locations in the Philippines: Iloilo City, Bacolod City, Laguna, Tagaytay and Manila.

In April, in partnership with Raphah Life Rebuilders, Philippines, a Raphah team conducted back-to-back seminars over two weekends in ILOILO City and in BACOLOD City, respectively, teaching on *Overcoming Rejection* and *Freedom from Addiction*.

“For 3 decades I worked as an overseas contract worker... I was a mother by name but not by action. My son was 4 and my daughter 7 when I left them to work overseas. In 1991 my son started taking drugs; he tried to kick the habit several times but failed. All this while I had blamed my absence for my son getting into drugs. At the seminar I learned the truth about rejection and addiction ... and was freed from my guilt.” (seminar participant)

Between the two weekends, the team also conducted a 3-day *Inner Life Healing Retreat* at Central Philippine University (CPU), Iloilo, for a select group of 30 pastors and leaders from the Center for Community Transformation (CCT), as well as the local churches.

The overwhelming response to the first Healing Retreat prompted CCT to invite a Raphah Team to conduct two similar back-to-back Healing Retreats in May for their other pastors, spouses and workers at their training facilities in LAGUNA.



The Healing Retreats were followed in October by the flagship Raphah *School of Prayer Counselling and Healing Ministry*, held in TAGAYTAY, where over 2 weeks Raphah trainers from Malaysia and Philippines joined in teaching 23 hand-picked CCT pastors and workers from Leyte-Samar, Cebu, Palawan, the Visayas, Mindanao, and Luzon.

Before returning home to Malaysia, the Tagaytay School team conducted a final *Overcoming Rejection* seminar at the Philippines Bible Society in MANILA for more than 70 selected community servant leaders of CCT. ❤️



Church Visits

During the year, Ipoh Centre had the joy of partnering CHRISTIAN LIFE CENTRE (CLC), Sitiawan, in conducting 3 events for its members as well as believers from neighbouring congregations.

- *Our Blessed Hope Seminar (April)*
- *Healing Through Deliverance Seminar (July)*
- *Holy Spirit Weekend (November)*

We are thankful to the leadership of CLC for the opportunities to share God's message of healing and restoration to wholeness, and in so doing, create an awareness of both the validity and necessity of a prayer counselling team in every church to pray for the healing needs of church members.

Going forward into 2018, the Ipoh Centre Team will be looking to connect with institutions of learning in Perak, with a view to offering its resources in helping to deal with the disturbing rise in teenage and youth problems.

It hopes to do this in partnership with churches located in the vicinity of these institutions. 🍀



Healthy Recreation

Faithfully practicing Raphah's Rule of Life in pursuit of an emotionally healthy spirituality, Ipoh Centre leaders and associates twice took to the waterfalls at Lubuk Timah,—a picnic spot outside Ipoh City—for a time of bonding and fellowship.

It would appear from their smiles that the "child" in each of them thoroughly enjoyed the outings! Praise God! 🍀



Coffee Plus

Ipoh Centre's unique Coffee Corner ministry recently celebrated its 7th Anniversary in September.

Averaging attendances of around 25 people each time, the monthly Coffee Corner offered visitors a safe gathering place for the elderly, the lonely, the hurting, and the broken to find help, an understanding ear, even a shoulder to cry on.

Over the course of 7 years, some of those who first came as visitors have stayed on to become stalwarts of the ministry; extending help, fellowship and encouragement where once they came looking for the same.

Our grateful thanks and appreciation to PEARL LAU, who had faithfully inspired and led the Coffee Corner through the long years of its journey.

After 7 years, Pearl has decided to move on in her ministry and we bless her in her new endeavours. Her responsibilities will be assumed by another Raphah associate, Ms LEE POH SUN. 🍀



Bended Knees Ministry

At Raphah, we believe that if we take care of the depth of our personal lives and relationship with God, then He will take care of the breadth of our ministry and our influence.

For this reason, supporting prayer has always been an essential and integral part of life and ministry at both Centres, and undergirds all our activities. Regular prayer action in 2017 included:

- **Saturday Morning Watch**

Held in PJ Centre, 9.00-10.00 am, except on Saturdays when a seminar was on, in which case the time was brought forward to 8.00-8.45 am.

- **Friday Prayer Watch**

Held in Ipoh Centre, 1.00-2.30 pm, for general intercession, except on Fridays preceding seminars, when prayers were focussed on seminar events.

- **Prayer Support Group (PSG)**

Held in PJ and Ipoh Centres, usually after lunch, on same day as Counselling Team Training Days (CTT) at both Centres. Opened to all.

- **Monthly Night Watch**

Held most months in PJ Centre (7.00-11.00 pm), and occasionally in Ipoh Centre (10.00 pm-6.00 am next day), focussing intercession on the ministry, and other needs. 🍀

Poisoned By Hate

A Testimony

“For more than 10 years I carried a deep hatred in my heart towards a particular community of people: for robbing me and my family of our father. I could never bring myself to forgive them, even though I was a pastor. That was until I attended the Raphah School of Prayer Counselling and Healing Ministry in 2016, where I learned to truly forgive, and found the deep healing and breakthrough I did not realize I needed.

In 2005, my father died in prison, falsely accused of kidnapping 2 young children. Because he was the last person to be seen with them, he was accused of kidnapping them and taken into custody pending investigations. He was detained for 3 years, and died without receiving justice.

I can still remember vividly the one occasion when he was rushed to hospital outside the prison. Lying in bed, both his ankles were handcuffed. Seeing him in that condition I felt so degraded. I felt that my father was being treated not as a human person but like an animal. I asked the police officers why my father was still cuffed, knowing that he was already so sick and weak, and in no position to escape? The officers merely replied, “Sorry, we are just following orders.”

When he was sufficiently recovered, my father was returned to prison. One day, while at work, I was informed by my wife that my father had passed away in prison. He died not knowing where I was, and without his case being settled.

The loss of my father under these circumstances caused a deep hatred to grow within me: a hatred towards my father’s accusers, their families, and their community.

As it turned out, the 2 children were



never kidnapped; they had run away from home due to abuse by their families. With this new information, and the testimony of the children, our family tried to seek the release of our father, but to no avail. My father died in prison, without seeing justice, because the authorities were not expedient in resolving his case.

I vowed that I would not forgive the people who robbed me and my family of our father. Outwardly I appeared composed, but deep within I was shaking with rage and deep hatred; the thought of revenge brewing not only towards the children’s families, but towards their whole community.

I carried that deep hatred for 10 long years, until God’s divine appointment for me with Raphah Ministries in 2016.

Knowing that I carried a deep, destructive pain within me, and learning that resolving the issues of my past was key to my future, I submitted myself to be prayed for by a team of Raphah prayer counselors.



“My father is gone, and there is nothing I can do about that. But there is something I can do about myself. I can choose to be free!”

My friends and colleagues know me to be a very strong person; not given in to emotions, especially tears. But as I poured out my deep hurts to the prayer counselors, I found myself weeping before the Lord, asking His forgiveness.

In that moment, God really moved upon my heart: I confessed, repented and renounced my sin of bitterness, hatred and unforgiveness towards my father’s accusers, their families and their community.



That day, God freed me and delivered me from my bitterness, hatred and desire for revenge!

Looking back, my father is gone, and there is nothing I can do about that. But there is something I can do about myself. I can choose to be free. Free from hatred, bitterness and unforgiveness. It was a

good thing that God did for me, when He moved to send me to the Raphah School in 2016.

I know I have been set free and healed because I am now working among the very people and community I once used to hate and plotted revenge against. This is happening to me. If I am not healed, I would not be able to welcome and embrace these people.

The love of God, and the Spirit of the Lord, softened my hardened heart, healed my wounds, and took away my pain.

I am able to live free, because I learned to forgive! To God be the glory!” 🙏

Calendar 2018

PJ CENTRE

January

06 Sat CTT / PSG
 20 Sat **Healing the Troubled Mind Seminar**
 27 Sat Morning Watch

February

03 Sat CTT / PSG
 24 Sat Morning Watch

March

03 Sat CTT / PSG
 10 Sat **Embracing Your Identity & Destiny Seminar**
 24 Sat Morning Watch

April

07 Sat CTT / PSG
 21 Sat **Cultivating an Emotionally Healthy Spirituality Seminar**
 28 Sat Morning Watch

May

05 Sat CTT / PSG
 13-17 Sun-Thu **Raphah Healing Retreat Defeating Anxieties, Fears & Phobias Seminar**
 19 Sat **Defeating Anxieties, Fears & Phobias Seminar**
 26 Sat Morning Watch

June

02 Sat CTT / PSG
 11-15 Mon-Fri **Module 1: School of Prayer Counselling**
 30 Sat Morning Watch

July

07 Sat CTT / PSG
 21 Sat **Out of the Blackhole of Depression Seminar**
 28 Sat Morning Watch

August

04 Sat CTT / PSG
 11 Sat **Breaking the Occult Bondage Seminar**
 18 Sat Morning Watch
 20-24 Mon-Fri **Module 2: School of Prayer Counselling**

September

01 Sat CTT / PSG
 15 Sat **Freedom from Generational Iniquity Seminar**
 23-26 Sun-Wed **Council-Management Team Retreat & Planning Meeting**
 29 Sat Morning Watch

October

06 Sat CTT / PSG
 20 Sat Morning Watch
 27 Sat **Reclaiming Families & Generations Seminar**

November

03 Sat CTT / PSG
 10 Sat **Rightly Handling Loss & Grief Seminar**
 24 Sat Morning Watch

December

02 Sun 16th Evening of Celebration & Thanksgiving

IPOH CENTRE

January

03 Wed Coffee Corner
 12 Fri CTT / PSG
 13 Sat **Healing the Troubled Mind Seminar**

February

07 Wed Coffee Corner
 09 Fri CTT / PSG
 24 Sat Movie Day

March

01 Thu Morning Watch #1
 07 Wed Coffee Corner
 16 Fri CTT / PSG
 17 Sat **Embracing the Father Heart of God Seminar**

April

04 Wed Coffee Corner
 13 Fri CTT / PSG
 14 Sat **Freedom From Generational Iniquity Seminar**

May

09 Wed Coffee Corner
 11 Fri CTT / PSG
 12 Sat **Embracing Your Identity & Destiny Seminar**

Jun

06 Wed Coffee Corner
 08 Fri CTT / PSG
 09 Sat **Kingdom Keys to Healing & Wholeness Seminar**
 28 Thu Morning Watch #2

July

04 Wed Coffee Corner
 13 Fri CTT / PSG
 14 Sat **Cultivating an Emotionally Healthy Spirituality Seminar**

Aug

01 Wed Coffee Corner
 10 Fri CTT / PSG
 11 Sat **Reclaiming Families & Generations Seminar**

September

05 Wed Coffee Corner
 07 Fri CTT / PSG
 08 Sat **Out of The Blackhole of Depression Seminar**
 11 Tue Morning Watch #3
 23-26 Sun-Wed **Council-Management Team Retreat & Planning Meeting**

October

03 Wed Coffee Corner
 12 Fri CTT / PSG
 13 Sat **Understanding & Overcoming Rejection Seminar**

November

07 Wed Coffee Corner
 09 Fri CTT / PSG
 10 Sat **Healing Through Deliverance Seminar**

December

08 Sat 10th Evening of Celebration & Thanksgiving

- CTT Counselling Team Training
- PSG Prayer Support Group

RAPHAH BERHAD

ORGANIZATION INFO

RAPHAH MINISTRIES is registered in Malaysia as **Raphah Berhad** (949004-X) a Company limited by Guarantee.

Churches, Associates, Friends and Others who wish to support the work of Raphah Ministries through donations or partnership gifts can make out their gifts to:

PJ Centre

Raphah Berhad
 Public Bank Berhad: 317-111-2727

Ipoh Centre

Raphah Berhad
 Public Bank Berhad: 317-148-2428

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- Mrs. Fiona LOH
- Ms. Lydia TAN Bee Eng
- Dr. CHEAH Siew Cheong (*Management Intern*)
- Mr. David ENG (*Management Intern*)
- Ms. LEONG May Chan (*Management Intern*)
- Ms. LIM Pin Sim (*Management Intern*)

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- Ms. Linda CHONG
- Mr. LIM Soon Joo
- Ms. Michelle NEOH
- Mdm. THOO Oi Lan