

**P1 / EXPAND CAPACITY**

God can heal and restore. But it needs His people to rise to the occasion and match need with His healing power.

**P3 / BACK TO SCHOOL**

October Residential School of Prayer Counselling and Healing Ministry sees lives deeply impacted and challenged.

**P4 / RULE OF LIFE**

Emotionally and spiritually healthy disciplines drafted to help leaders and associates to centre their lives on God, Jesus and Holy Spirit

**P5 / CALLED TO LEAD**

From reluctance to conviction; from following to ownership. How one leader embraced her call to serve in Raphah Ministries.

**news**  
private circulation only

# Raphah

*Healing Hearts, Rebuilding Lives*

no. 21

december 2014

Morning Worship at October School



## Engaging His Power Expanding Our Capacity

When darkness is at its thickest, the smallest pin prick of light, in that darkness, will always appear its brightest.

And what is true in the natural is also true in the spiritual.

Over the years it has been our experience that when people find themselves in challenging difficulties and problems, beyond their natural abilities to handle, that is when they are often most open to help from God.

For this reason, adversity — the uninvited troubles, hardships, distresses and afflictions of our daily lives — is often a window of opportunity for the demonstration of God's power to help: to resolve, to heal and to restore.

Yet, because many of these challenging difficulties and problems are more psychological (of the

mind, emotion and will) rather than physical in nature, we find ourselves not responding as readily or as adequately as we ought.

And this despite scientific studies showing that somewhere between 87% to 95% of our illnesses and sicknesses can be attributed to our toxic thinking and toxic feelings!

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“ God is not necessarily looking for leaders ... He is looking for servants. ”

# Engaging His Power Expanding Our Capacity

>> CONT. FROM PAGE ONE

If those who are in pain and suffering do not find the help they need from the people of God, they will inevitably turn to other sources and other means for help; often with disastrous consequences.

Faced with such a scenario, it is imperative that we rise to the occasion, match the opportunity given to us, engage God's power and expand our capacity for ministry to the hurt, wounded and suffering.

Henry and Richard Blackaby, in their book, *Spiritual Leadership*, describe spiritual leaders as "people who choose to make a difference." And, "people who recognize the opportunity history affords them and boldly accept the invitation will change their world."

At Raphah Ministries, we want to make a difference among those God has called us to serve: to offer hope in place of despair, healing in place of brokenness and pain.



“ People who recognize the opportunity history affords them and boldly accept the invitation will change their world. ”

We want to rebuild individuals, couples and families; to reclaim the generations, to heal hearts, and rebuild lives and relationships.

As the Blackabys continue to say, God is not necessarily only looking for leaders; He is also looking for servants.

We thank God for calling Raphah Ministries as His servant to bring healing, hope and wholeness to those in spir-

itual, mental and emotional need.

With the spiritual darkness getting thicker by the day, our desire is that the light of the God of hope shines through brighter and brighter.

For sure 2015 will bring new challenges and heavy demands on the Team. Yet we are confident, that as we continue to look to Him and trust in His provision, He will bring us safely through. Amen!



Dr FLORENCE WANG, seen here with LYDIA ENG, a member of the Raphah Centre PJ Leadership Team, during the October School in Port Dickson Methodist Centre.

## Moving On in Ministry

After being involved in Raphah Ministries for 20 plus years — from the time when Raphah Ministries was just an item for prayer, through its founding in 2003, and right up to the present day — Dr. FLORENCE WANG, joint-founder member and senior teacher-trainer at Raphah Centre PJ, has called it a day at the Ministry.

With effect from end October 2014, Dr Wang has relinquished her roles and responsibilities, and has moved on to a different area of Christian service.

Responding to a call to "stand in the gap," Dr. Wang would be joining other like-minded, concerned Christian leaders and believers, in prayer and intercession for the nation and its peoples. She will, however, continue to be involved in prayer counselling and healing ministry, albeit to a lesser degree.

Raphah Ministries is thankful and grateful to Dr. Wang, for the many years she had given to the ministry; especially the rich legacy of spiritual partnership, leadership, experience, teaching, and inspiration she leaves behind.

May the Lord continue to abundantly bless Dr. Wang as she takes up this new mantle of anointing and ministry. Shalom!

*"I am determined to integrate the teaching and healing process into the beginning of my discipleship programme. Everyone coming to Christ needs cleansing and restoration before progressing further."*

*(Pastor P, Vietnam)*

*"The topics made me realize again who I am in the eyes of the Lord. More importantly, I felt the love of God through the Raphah family and all of our co-learners."*

*(JDR, Philippines)*

## October School of Prayer Counselling & Healing Ministry



Call to Worship



Student Body



Students and Staff of School

**“ I have been challenged ... to continue to be submitted to the Lordship of Christ in EVERY area. ”**



The radiant faces, the infectious smiles; thumbs up and palms open to God, seen in the group photograph; they tell it all!

What an incredible two weeks of community: living, eating, worshipping, praying and learning together!

Twenty-five participants — of 5 nationalities and representing 4 countries — together with 7 trainers and supporting staff, had gathered at the Port Dickson Methodist Centre from 9-22 October for Raphah's inaugural Residential School of Prayer Counselling and Healing Ministry.

Over an intense 12-day programme, participants were taken through biblical teaching, resources, tools, and practical lessons, to understand, diagnose, and minister healing into the roots and causes of major personal, spiritual, mental, and emotional issues and problems.

Apart from the learning, participants also had the opportunity to receive prayer counselling and ministry for themselves, with the help of the Raphah Team on site.

The sessions of personal ministry brought much healing and release from deep-seated wounds and hurts, resulting in a freedom that became evident in worship and in interactions with other learners on the School.

Their lives impacted and changed for the better, the encounter with God's power and healing refreshed and renewed the personal visions of many, while at the same time challenging them to expand their capacity for God's service.

The inaugural School accomplished far greater than what the Team had expected, thanks to God, and the generous partnership of His saints and servants! To Him be all the glory. Amen!!



Our Priceless Ka Poh



Offering Power Grace



Time to Resupply



Doing the 4-8-12 HUGs



Into the Spirit Flow

# Raphah's Rule of Life

Inspired by a year long group study of the book, *Emotionally Healthy Spirituality*, by Peter Scazzero, in 2013, Raphah Ministries has come up with its own Rule of Life.

The Raphah Ministries Rule of Life is a set of statements describing emotionally and spiritually healthy practices and disciplines that are meant to be embraced across the ministry.

It is hoped that through the regular practice of this Rule, we, the leaders and associates of Raphah Ministries, will find our lives increasingly centred on God the Father, Jesus Christ, and the Holy Spirit: the very reason for who we are, and why we serve.

## Raphah Ministries Malaysia

### RULE OF LIFE

#### Devotions (Daily)

1. Praise and Worship
2. Reading the Word
3. Prayer and Listening to God

#### Worship and Service (Weekly)

1. Church and Cell Commitment
2. Sabbath Rest
3. Studying the Word

#### Spiritual Retreat (Monthly)

1. Silence and Solitude
2. Stillness and Simplicity
3. Emotionally Healthy Spirituality

#### Healthy Recreation (Frequently)

1. Care and Nurture of Body
2. Exercise and Rest
3. Family and Friends



## How Late Is the Hour?

This was the question posed to participants at this year's Annual Raphah Retreat, held from 23-25 February 2014, at the Port Dickson Methodist Centre.

Helping the 40 plus attendees to conscientiously examine the issue, in the light of unfolding global and national trends and developments, was Retreat speaker, Pastor DAVID GOH, senior pastor of the Banner of Love Church, Dataran Sunway.

Providing hard facts, figures, observations, and Scriptures to substantiate his point, Pastor David expressed the conviction that we are indeed rapidly approaching the final minutes in the final hour of this age.

It was a disturbing yet sobering presentation; one that called for a decided response, not of fear and trepidation, but of faith, submission, obedience, confidence and trust in the sovereign protection of the Lord. Having been warned, we were to be prepared.



When Pastor David extended an invitation to pray for those wanting to set their hearts right with God, and to be strong for the coming days, many stepped forward without hesitation.

Given the theme of the Retreat, some participants had expected a theological discourse on the end times, only to be pleasantly surprised by the pointed, from-my-heart-to-your-heart approach of Pastor David.

With the end of this age closing in by the hour, may God come and find us in Raphah Ministries, faithful and expectant, going about our tasks with lamps filled and lighted in the darkness!

"A mustard seed ... is the least of all the seeds; but when it is grown it is greater than the herbs and becomes a tree, so that the birds of the air come and nest in its branches"

(Matthew 13:31-32 NKJV)

# Raphah Centre Ipoh Oasis in the City



Entrance to Centre



Equipping the Young



Open Concept Leadership



Raphah Centre Ipoh (Left Tower)



P & P: Pauline & Peggy



God Bless this Centre



Seminar @ Centre



Ipoh Team Ushering



The Sign Says it All



Ipoh Contingent @ Raphah Retreat



Diamonds @ Coffee Corner



Ipoh Team @ CLC Sitiawan



Working the Mind



Healing the Troubled Mind



Doing the Hugs in CLC Sitiawan

# My Calling to Raphah

by chim wah

Pastor JayZee is my sister, and Pastor Vincent, my brother-in-law. Whenever they are back in Ipoh, they would usually stay with me.

Back in early 2008, they started coming back monthly to pray towards a Raphah Centre in Ipoh.

The initial prayer meeting was supposed to have been at my house, but was changed to St. Peter's Church, when told about 20 people would be attending! After this, subsequent prayer meetings were held at the YMCA.

Truth be told, I felt sort of "forced" to join their prayer meetings as I had neither their conviction nor passion. Even so, I whole-heartedly "yes-ed" and "amen-ed" all their prayers.

Some months after this, the first modular training began, from August to October, on alternate weeks – Sunday, Monday and Tuesday nights from 7.30 to 10.30 pm.

On "graduation" night, those present were challenged to pray earnestly for premises to be made available for a Raphah Centre Ipoh.

Amazingly, God answered our prayers within 24 hours, when a Christian couple from Ipoh offered their vacant business unit at Intan Business Centre 1 for use, free of rental or charge!

I was immediately "sucked" into all the preparations to set up the Centre, and before I knew it, found myself made a member of the Leadership Team, in charge of Hospitality and Facilities!

Frankly, I was enjoying my retirement and was not really eager for more service for God. As it was, I was already active in my Cell Group and Church



## Worship Team.

And so I started serving the Centre, albeit hesitatingly, while at the same time hungrily "soaking up" the teaching at the seminars, as many of the things I began to learn were not often taught in churches.

It was in fact after one such seminar, the *Embracing Your Identity and Destiny* seminar, that I became fully convinced of God's distinct call to me.

God had known my unwilling heart, and

thus had to "push" me in this way to get me committed to this ministry.

I thereafter fully embraced my role in Raphah Ministries as part of His plans and will for my life. I took ownership of the Raphah Ministries' vision and began to give it my top priority.

With all the input from God's word and teaching through the seminars, my spiritual life grew and deepened. I experienced a closer walk with God, and a deeper and more intimate relationship with Him. My prayer life also went up several notches.

God also showed me different areas of my life where I still needed His healing touch. He exposed various issues, burdens and bondages that I was still carrying, as well as actions and incidents in my past where I needed to confess, repent, renounce, forgive and to change.

And so I humbled myself, submitted to the process of healing and restoration, and found my freedom in Christ.

Thanks be to God, as I continue to work out my calling in Him, I am discovering that Raphah Ministries is indeed God's means to a spiritually, physically, mentally and emotionally wholistic and powerful Christian life. Glory to God! Amen!

## Happenings @ RaphahPJ

The second half of 2014 saw the advent of a new creative initiative at Raphah Centre PJ: Happenings@RaphahPJ!

Kicking off the creativity was a demonstration on "How to make Fajitas" in August. This was followed by a demonstration on "How to make Mexican buns" Raphah style, in November. More such creative activities for the Raphah Community are planned for 2015. Obviously, it is not all work at Raphah Centre PJ and no "recreation"!



*"Hold fast the pattern of sound words which you heard from me in faith and love which are in Christ Jesus. ... And the things that you heard from me among many witnesses, commit these to faithful men who will be able to teach others also."*

*(2 Timothy 1:13; 2:2 NKJV)*

## Hanoi Mission 4 17-23 August



“ As the Father has sent Me, I also send you. ”



Between July 2013 and August 2014, Raphah Ministries undertook 4 teaching missions to Hanoi, Vietnam, in partnership

with the Hanoi Christian Fellowship (HCF), an unofficial fellowship of pastors and leaders from different denominations in the Hanoi area.

Hanoi Mission 4, which featured teaching sessions, case studies, and hands-on prayer ministry practice, was the final week of equipping for some of the pastors and leaders in the basics of prayer counselling and healing ministry.

Over the course of the 4 missions, Team members had seen significant progress made by the learners: from being generally not informed about wholistic biblical healing ministry at the beginning, to being knowledgeable, confident, and equipped to understand, diagnose and minister healing into major areas of

problem and issues encountered by their Vietnamese brethren. All praise be to God for their diligence in the learning process.

The challenge now is for the joint coordinators of the HCF to consolidate the training given their members, while at the same time encouraging them to continue faithful in sharpening their ministry skills, praying healing and restoration to members in their own churches.

With the completion of this commitment to HCF, Raphah Ministries is now in position to consider invitations received to similarly train and equip pastors and leaders in Ho Chi Minh City, South Vietnam.

God-willing, in 2015, working in partnership with the local churches in Ho Chi Minh City, Raphah Teams will undertake 2 teaching missions, in March and May, respectively.

## INFORMATION

RAPHAH MINISTRIES is registered in Malaysia as Raphah Berhad (949004-X) a Company limited by Guarantee.

Churches, Associates, Friends and Others who wish to support the work of Raphah Ministries through donations or partnership gifts can make out their gifts to:

### PJ Centre:

Raphah Berhad  
Public Bank Berhad: 317-111-2727

### Ipoh Centre

Raphah Berhad  
Public Bank Berhad: 317-148-2428

## TRAINING AND MINISTRY CENTRES

### PJ Centre

J-2-01, Block J, Pusat Dagangan NZX,  
Ara Jaya,  
2 Jalan PJU 1A/41B,  
47301 Petaling Jaya,  
Selangor Darul Ehsan, MALAYSIA

603-74970082 tel/fax  
raphah@gmail.com  
www.raphah.org.my

### Ipoh Centre

Unit A-2-2, Tingkat 2, Intan Business Centre 1,  
Jalan Medan Ipoh 2,  
Bandar Baru Medan Ipoh,  
31400 Ipoh,  
Perak Darul Ridzuan, MALAYSIA

605-5470860 tel/fax  
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## LEADERSHIP

### RAPHAH COUNCIL

- Pastor JayZee CHEAH
- Rev. Vincent LAU
- Pastor Irene LEE
- Ms. Mae LEE
- Ms. Katryn TAN

### PJ CENTRE

- Mr. Timothy CHUI
- Mrs. Lydia ENG
- Mr. Benny GAN
- Mrs. Fiona LOH
- Ms. TAN Bee Eng

### IPOH CENTRE

- Mdm. CHEAH Chim Wah
- Ms. Jennifer CHEAH
- Mdm. KHOO Siow Chooi
- Mr. LIM Soon Joo
- Ms. Michelle NEOH
- Mrs. Mary RAJENDRAN nee Goh
- Mdm. THOO Oi Lan

# Calendar 2015

## PJ CENTRE

### January

- 04 Sun Leadership Meeting
- 10 Sat Raphah Team Day/PSG
- 18 Sun Raphah Council Meeting
- 24 Sat **Freedom from Generational Iniquity Seminar**

### February

- 01-02 Sun-Mon Night Watch
- 07 Sat Raphah Team Day/PSG
- 08 Sun Leadership Team Meeting

### March

- 01 Sun Leadership Team Meeting
- 07 Sat Raphah Team Day/PSG
- 08 Sun Raphah Council Meeting
- 14 Sat **Reclaiming the Ground Seminar**
- 15-17 Sun-Tue **Annual Raphah Retreat**
- 21 Sat **Rightly Handling Anger Seminar**
- 22-28 Sun-Sat Saigon Teaching Mission 1

### April

- 04 Sat Raphah Team Day/PSG
- 05 Sun Leadership Team Meeting
- 11 Sat **Healing through Deliverance Seminar**
- 18 Sat **Half-Day Seminar**  
Happening@RaphahPJ
- 25 Sat **Making Sense of Your Emotions Seminar**
- 30 Apr-01 May Thu-Fri Night Watch

### May

- 02 Sat Raphah Team Day/PSG
- 03 Sun Leadership Team Meeting
- 09 Sat **Honouring Godly Sex & Sexuality Seminar**
- 16 Sat **Defeating Anxieties, Fears & Phobias Seminar**
- 17 Sun Raphah Council Meeting
- 24-30 Sun-Sat Saigon Teaching Mission 2

### June

- 06 Sat Raphah Team Day/PSG
- 07 Sun Leadership Team Meeting
- 13 Sat **Understanding & Overcoming Rejection Seminar**
- 21-22 Sun-Mon Night Watch
- 27 Sat **Restoring Your Wholeness in Christ Seminar**

### July

- 04 Sat Raphah Team Day/PSG
- 05 Sun Leadership Team Meeting
- 11 Sat **Healing the Troubled Mind Seminar**
- 25 Sat **Breaking the Occult Bondage Seminar**
- 26 Sun Raphah Council Meeting

### August

- 01 Sat Raphah Team Day/PSG
- 02 Sun Leadership Team Meeting



- 08 Sat **Healing from Accidents & Traumas Seminar**
- 15 Sat **Half-Day Seminar**  
Happening@RaphahPJ
- 22 Sat **Kingdom Keys to Healing & Wholeness Seminar**
- 30-31 Sun-Mon Night Watch

### September

- 05 Sat Raphah Team Day/PSG
- 06 Sun Leadership Team Meeting
- 11-12 Fri-Sat **Prayer Ministry Skills 1 & 2**
- 25-26 Fri-Sat **Prayer Ministry Skills 3 & 4**
- 27-30 Sun-Wed **Council-Leadership Retreat & Planning Meeting**

### October

- 03 Sat Raphah Team Day/PSG
- 04 Sun Leadership Team Meeting
- 10 Sat **Embracing Your Identity & Destiny Seminar**
- 13-14 Tue-Wed Night Watch
- 19-21 Mon-Wed **Healing Retreat**

### November

- 01 Sun Leadership Team Meeting
- 07 Sat Raphah Team Day/PSG
- 09-10 Mon-Tue Night Watch
- 14 Sat **Understanding the Dilemma of Homosexuality Seminar**
- 15 Sun Raphah Council Meeting
- 21 Sat **Half-Day Seminar**  
Happening@RaphahPJ

### December

- 06 Sun **13th Evening of Celebration & Thanksgiving**

## IPOH CENTRE

### January

- 02 Fri Prayer Support Group #67
- 07 Wed Coffee Corner #47
- 14 Wed Leadership Team Meeting
- 15 Thu Raphah Team Night
- 17 Sat **Embracing Your Identity & Destiny Seminar**

### February

- 04 Wed Coffee Corner #48
- 06 Fri Prayer Support Group #68
- 11 Wed Leadership Team Meeting

### March

- 04 Wed Coffee Corner #49
- 06 Fri Prayer Support Group #69
- 15-17 Sun-Tue **Annual Raphah Retreat**

- 19 Thu Leadership Team Meeting
- Raphah Team Night
- 21 Sat **Touching Heaven Changing Earth Seminar**

### April

- 01 Wed Coffee Corner #50
- 10 Fri Prayer Support Group #70
- 15 Wed Leadership Team Meeting
- 16 Thu Raphah Team Night
- 18 Sat **Rightly Handling Grief & Loss Seminar**
- 30 Thu Nite Watch #1

### May

- 06 Wed Coffee Corner #51
- 08 Fri Prayer Support Group #71
- 13 Wed Leadership Team Meeting
- 14 Thu Raphah Team Night
- 16 Sat **Understanding & Overcoming Rejection Seminar**

### June

- 03 Wed Coffee Corner #52
- 05 Fri Prayer Support Group #72
- 17 Wed Leadership Team Meeting
- 18 Thu Raphah Team Night
- 20 Sat **Honouring Godly Sex & Sexuality Seminar**

### July

- 01 Wed Coffee Corner #53
- 03 Fri Prayer Support Group #73
- 08 Wed Leadership Team Meeting
- 09 Thu Raphah Team Night
- 11 Sat **Making Sense of Your Emotions Seminar**

### August

- 05 Wed Coffee Corner #54
- 07 Fri Prayer Support Group #74
- 12 Wed Leadership Team Meeting
- 13 Thu Raphah Team Night
- 15 Sat **Restoring Your Wholeness in Christ Seminar**
- 30 Sun Night Watch #2

### September

- 02 Wed Coffee Corner #55
- 04 Fri Prayer Support Group #75
- 16 Wed Leadership Team Meeting
- 17 Thu Raphah Team Night
- 19 Sat **Rightly Handling Anger Seminar**
- 27-30 Sun-Wed **Council-Leadership Retreat & Planning Meeting**

### October

- 02 Fri Prayer Support Group #76
- 07 Wed Coffee Corner #56
- 14 Wed Leadership Team Meeting
- 15 Thu Raphah Team Night
- 17 Sat **Understanding & Overcoming Depression Seminar**

### November

- 04 Wed Coffee Corner #57
- 06 Fri Prayer Support Group #77
- 09 Mon Nite Watch #3
- 18 Wed Leadership Team Meeting
- 19 Thu Raphah Team Night
- 21 Sat **Power & Purity Seminar**

### December

- 05 Sat **7th Evening of Celebration & Thanksgiving**